

Cumulative Evaluation in Practice

aes22 International Evaluation Conference

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Bushfire Mental Health Project
Mental Health and Wellbeing Directorate

1 September 2022

We acknowledge this land that we meet on today is the traditional lands of the Kaurna people and that we respect their spiritual relationship with their country.



Government
of South Australia

Wellbeing SA



Supporting your state of wellbeing

The Bushfire Mental Health Project

- 4 years: July 2020 – June 2024
- Early intervention & prevention
- Communities of:
 - Kangaroo Island
 - Adelaide Hills and
 - Yorketown



Supporting your
state of wellbeing

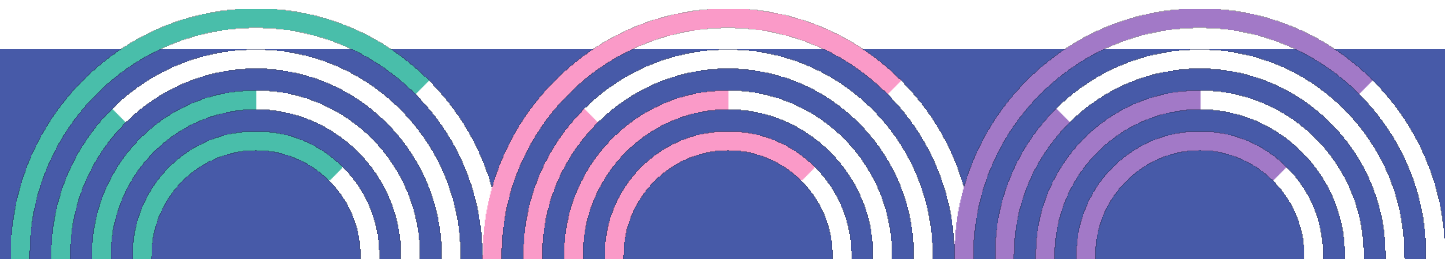


The Bushfire Mental Health Project

Project Outcomes:

- Improved **community connectedness**
- Improved **mental health awareness and literacy**
- Increase **help-seeking behaviour** to support mental health and wellbeing
- Improved **mental health** of the community
- Improved **mental wellbeing** of the community
- Improved **mental resilience** of the community
- Improved **community resilience**

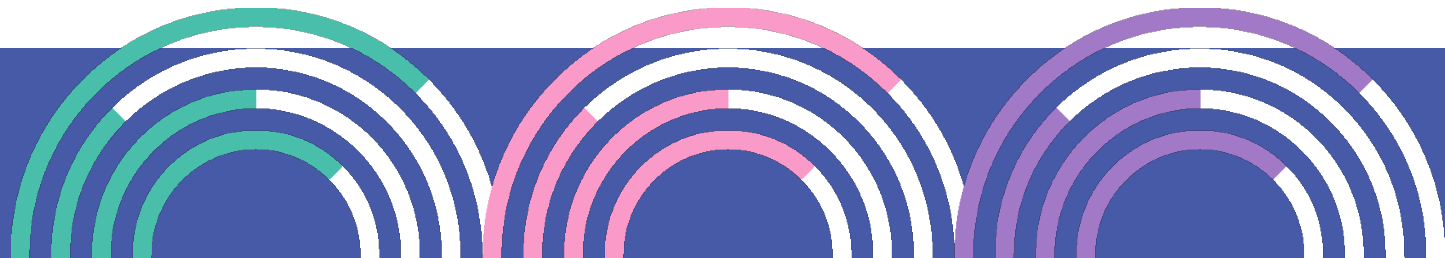
Supporting your
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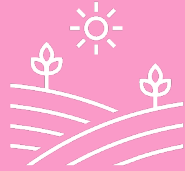
Project Summary



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Project Funding Programs



Community Grants

\$350,000

over 3 years

up to \$20,000



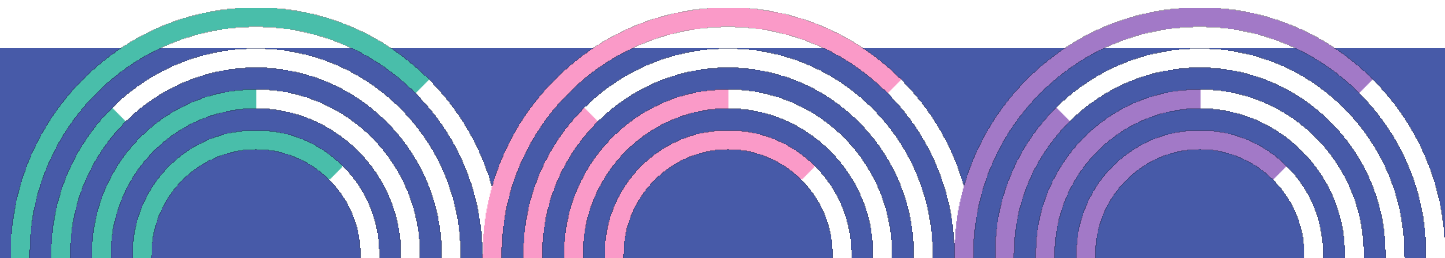
Co-investment Partnerships

\$810,000

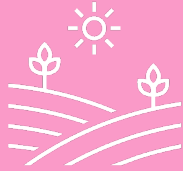
over 4 years

\$1 : \$1 Contributions

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Project Funding Programs



Community Grants

>25 activities funded

From \$700

Up to \$20,000



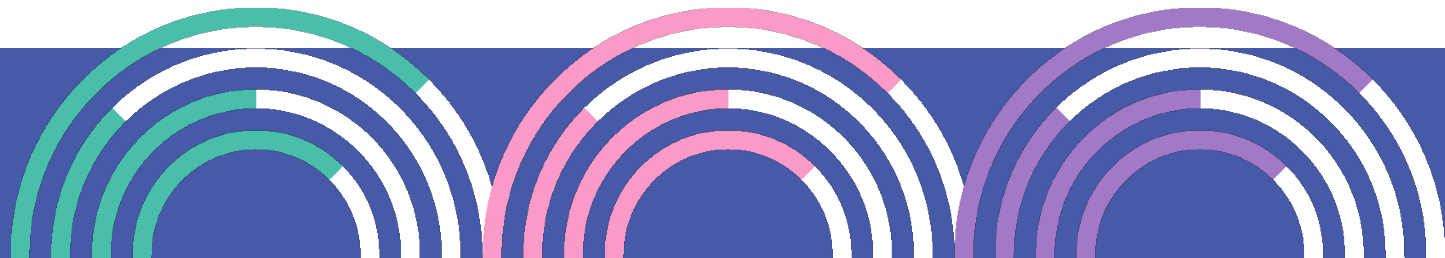
Co-investment Partnerships

>15 partnerships

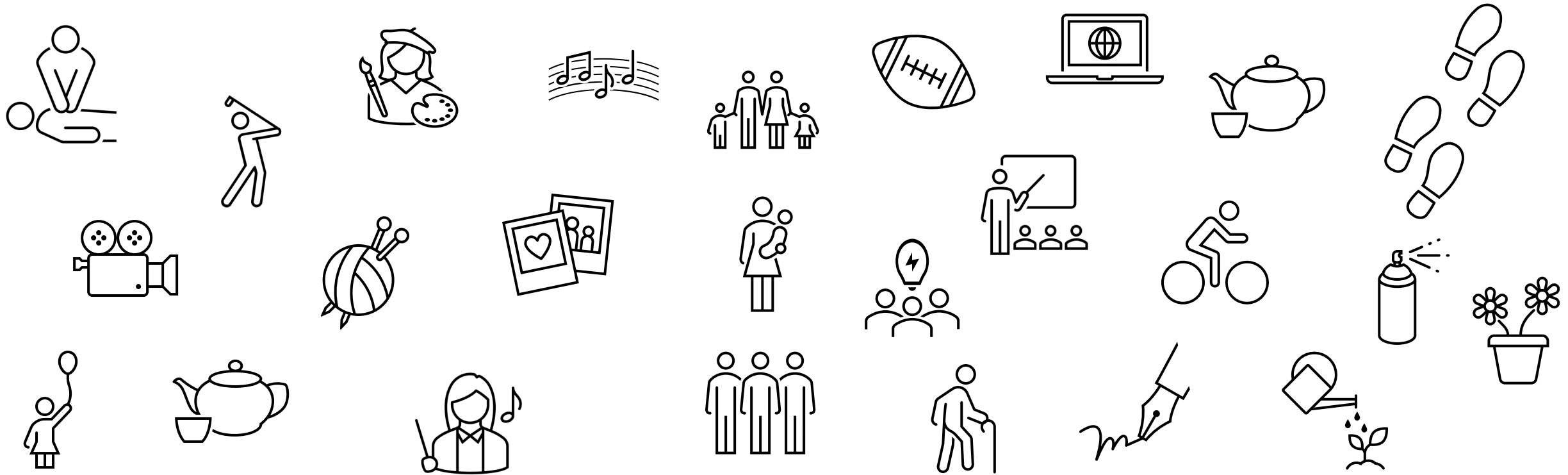
From \$4,000

Up to \$170,000

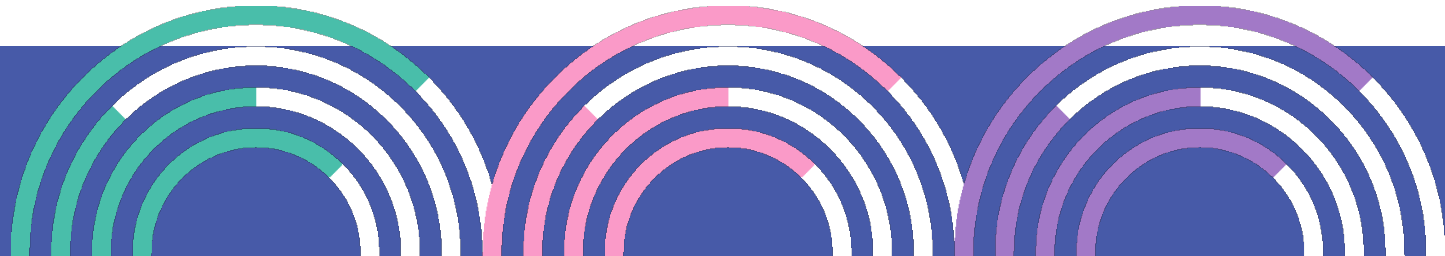
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Project Activities...



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Our Problem

- Many small and medium activities
- **Wide variety of activities** designed to impact different project outcomes
- **Inconsistent** data being captured for each Project Outcome
- Individual activity data was **insignificant** and **difficult to compare**



The Solution

Develop standard questions for each Project Outcome

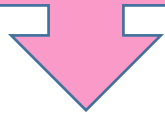


Project Outcome	Questions
Improved community connectedness	Following this event, I feel a greater sense of belonging with others in my community
	I talked with someone new, got to know someone better, or made a new friend
	I will be able to use this space to meet/connect with others
Improved mental health awareness and literacy	I learned something new about mental health
	I learned a new skill to help me care for my mental health
	Next time someone I know is struggling, I will feel more comfortable supporting them
Improved help-seeking behaviours to support mental health and wellbeing	Next time I'm struggling, I will feel more comfortable talking to someone I know
Improved mental health of the community	This event was beneficial for my mental health
	This activity showed how creativity or art can be good for my mental health
Improved mental wellbeing of the community	This event was good for my mental wellbeing / This activity made me feel good [Kids' version]
	Did this activity make you feel good? [Little kids' version of above]
	This event has motivated me to spend some time in nature
	Artistic activities (like this one) help my community to recover from the bushfires
Improved mental resilience of the community	After attending this event I feel more able to deal with stress and challenges
	I learned about ways to cope with challenges and stress, or process emotions
	I will do a group activity like this again in future to help me feel good or de-stress
Improved community resilience	Coming together like this helps my community recover and builds resilience
	I gained skills, knowledge, or tools that will enable me to respond to my own needs or support the needs of other members of the community in the event of future disasters
	I learnt a new skill to prepare me for challenges in the future
	By taking part in this activity, I feel like I have helped other kids

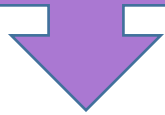
Supporting your
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The Solution

Develop standard questions for each Project Outcome



Align funded activity with Project Outcomes

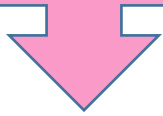


Supporting your state of wellbeing

Project Outcome	Questions
Improved community connectedness	Following this event, I feel a greater sense of belonging with others in my community
	I talked with someone new, got to know someone better, or made a new friend
	I will be able to use this space to meet/connect with others
Improved mental health awareness and literacy	I learned something new about mental health
	I learned a new skill to help me care for my mental health
	Next time someone I know is struggling, I will feel more comfortable supporting them
Improved help-seeking behaviours to support mental health and wellbeing	Next time I'm struggling, I will feel more comfortable talking to someone I know
Improved mental health of the community	This event was beneficial for my mental health
	This activity showed how creativity or art can be good for my mental health
Improved mental wellbeing of the community	This event was good for my mental wellbeing / This activity made me feel good [Kids' version]
	Did this activity make you feel good? [Little kids' version of above]
	This event has motivated me to spend some time in nature
	Artistic activities (like this one) help my community to recover from the bushfires
Improved mental resilience of the community	After attending this event I feel more able to deal with stress and challenges
	I learned about ways to cope with challenges and stress, or process emotions
	I will do a group activity like this again in future to help me feel good or de-stress
Improved community resilience	Coming together like this helps my community recover and builds resilience
	I gained skills, knowledge, or tools that will enable me to respond to my own needs or support the needs of other members of the community in the event of future disasters
	I learnt a new skill to prepare me for challenges in the future
	By taking part in this activity, I feel like I have helped other kids

The Solution

Develop standard questions for each Project Outcome



Align funded activity with Project Outcomes



Select the most appropriate questions from the relevant Project Outcomes

Supporting your state of wellbeing

Project Outcome	Questions
Improved community connectedness	Following this event, I feel a greater sense of belonging with others in my community
	I talked with someone new, got to know someone better, or made a new friend
	I will be able to use this space to meet/connect with others
Improved mental health awareness and literacy	I learned something new about mental health
	I learned a new skill to help me care for my mental health
	Next time someone I know is struggling, I will feel more comfortable supporting them
Improved help-seeking behaviours to support mental health and wellbeing	Next time I'm struggling, I will feel more comfortable talking to someone I know
Improved mental health of the community	This event was beneficial for my mental health
	This activity showed how creativity or art can be good for my mental health
Improved mental wellbeing of the community	This event was good for my mental wellbeing / This activity made me feel good [Kids' version]
	Did this activity make you feel good? [Little kids' version of above]
	This event has motivated me to spend some time in nature
	Artistic activities (like this one) help my community to recover from the bushfires
Improved mental resilience of the community	After attending this event I feel more able to deal with stress and challenges
	I learned about ways to cope with challenges and stress, or process emotions
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Improved community resilience	Coming together like this helps my community recover and builds resilience
	I gained skills, knowledge, or tools that will enable me to respond to my own needs or support the needs of other members of the community in the event of future disasters
	I learnt a new skill to prepare me for challenges in the future
	By taking part in this activity, I feel like I have helped other kids

The Solution: Our Feedback Cards

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I learnt something new about mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This event was beneficial for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I learned a new skill to help me care for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After attending this event I feel more able to deal with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This event was beneficial for my wellbeing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creative expression activities like this one help my community recover from the bushfires	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think social connection is important to my mental health and/or wellbeing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I learnt something new about mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It was beneficial for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Next time someone I know is struggling, I will feel more comfortable supporting them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Next time I'm struggling, I will feel more comfortable talking to someone I know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

We'd love to know what you thought

Which activity did you attend? _____ Date: _____

Activity name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This activity was good for my mental wellbeing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I will do a group activity like this again in future to help me feel good or de-stress	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this activity, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At this activity I talked to my friend(s) or someone new	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please turn over.

We'd love to know what you thought

Which activity did you attend? _____ Date: _____

Activity name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This activity was beneficial for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This activity showed how creativity or art can be good for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
At this activity I chatted to someone new or someone I already know	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I learned about ways to cope with challenges and stress, or positive emotions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please turn over.

Following this event, I feel a greater sense of belonging with others in my community

Scoreboard

Event: _____ Date: _____

Please tick a box to show your agreement or disagreement with each statement about this event:

	HAMMY Strongly disagree	CLANGER Disagree	DISPOSAL Neither agree nor disagree	BEHIND Agree	GOAL Strongly agree
I learnt something new about mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It was beneficial for my mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time a mate is struggling, I will feel more comfortable sitting with, listening to, or assisting them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time I'm struggling, I will be more comfortable talking to a mate about it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Our Feedback Cards

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This activity made me feel good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Artistic activities (like this one) help my community to recover from the bushfires	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I talked with someone new, got to know someone better, or made a new friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Doing this activity made me feel like I belong in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn over.

We'd love to know what you thought

Which activity did you attend? _____ Date: _____

Activity name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This activity was good for my mental wellbeing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I will do a group activity like this again in future to help me feel good or de-stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following this activity, I feel a greater sense of belonging with others in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
At this activity I talked to my friend(s) or someone new	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn over.

We'd love to know what you thought

Which activity did you attend? _____ Date: _____

Activity name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
This activity made me feel good	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I talked with someone new, got to know someone better, or made a new friend	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This activity made me feel like I belong in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coming together at activities like this make our community grow stronger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn over.

I talked to someone new, got to know someone better or made a new friend

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I learnt something new about mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It was beneficial for my mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time someone I know is struggling, I will feel more comfortable supporting them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time I'm struggling, I will feel more comfortable talking to someone I know	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please turn over.

I learnt something new about mental health

Scoreboard

Event: _____ Date: _____

☒ Please tick a box to show your agreement or disagreement with each statement about this event:

	HAMMY Strongly disagree	CLANGER Disagree	DISPOSAL Neither agree nor disagree	BEHIND Agree	GOAL Strongly agree
I learnt something new about mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
It was beneficial for my mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time a mate is struggling, I will feel more comfortable sitting with, listening to, or assisting them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Next time I'm struggling, I will be more comfortable talking to a mate about it	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I learned something new about mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
This event was beneficial for my mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I learned a new skill to help me care for my mental health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After attending this event I feel more able to deal with stress and challenges	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Keeping track of the data

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I learned something new about mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This event was beneficial for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I learned a new skill to help me care for my mental health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Following this event, I feel a greater sense of belonging with others in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After attending this event I feel more able to deal with stress and challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please turn over.

Supporting your state of wellbeing

Project Outcome	Questions	#
Improved community connectedness	Following this event, I feel a greater sense of belonging with others in my community	1
	I talked with someone new, got to know someone better, or made a new friend	2
	I will be able to use this space to meet/connect with others	3
Improved mental health awareness and literacy	I learned something new about mental health	1
	I learned a new skill to help me care for my mental health	2
	Next time someone I know is struggling, I will feel more comfortable supporting them	3
Improved help-seeking behaviours to support mental health and wellbeing	Next time I'm struggling, I will feel more comfortable talking to someone I know	1
Improved mental health of the community	This event will benefit my mental health	1
	This activity showed how creativity or art can be good for my mental health	2
Improved mental wellbeing of the community	This event was good for my mental wellbeing / This activity made me feel good	1
	Did this activity make you feel good? [Little kids' version of above]	2
	This event has motivated me to spend some time in nature	3
	Artistic activities (like this one) help my community to recover from the bushfires	4
Improved mental resilience of the community	After attending this event I feel more able to deal with stress and challenges	1
	I learned about ways to cope with challenges and stress, or process emotions	2
	I will do a group activity like this again in future to help me feel good or de-stress	3
Improved community resilience	Coming together like this helps my community recover and builds resilience	1
	I gained skills, knowledge, or tools that will enable me to respond to my own needs or support the needs of other members of the community in the event of future disasters	2
	I learnt a new skill to prepare me for challenges in the future	3
	By taking part in this activity, I feel like I have helped other kids	4

Keeping track of the data

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree

I learned something new about mental health

This event was beneficial for my mental health

I learned a new skill to help me care for my mental health

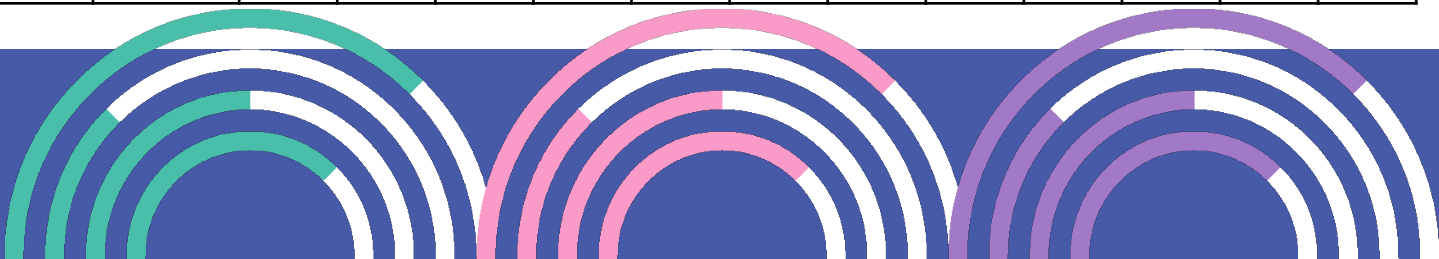
Following this event, I feel a greater sense of belonging with others in my community

After attending this event I feel more able to deal with stress and challenges

Please turn over

Evaluation Mapping - Questions used across activities																		
Activity	Date	Community			Numbers		Outcomes Measured											
		AH	KI	Y	Evaluations completed	Attendees	Improved community connected-ness		Improved mental health awareness & literacy		Improved help-seeking behaviours to support mental health & wellbeing		Improved mental health of the community as a whole & identified risk groups		Improved mental resilience of the community		Improved community Resilience	
							Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2
Activity 1	15/11/2020			✓	11	11	1		1	2			1		1			
Activity 2	25/01/2021	✓			12	27	1		3	4			2		1			
Activity 3	20/01/2021	✓			8	?	1		3	4			2		1			
Activity 4	25/02/2021		✓		9	9	1		3	4			2		1			
Activity 5	18/04/2021		✓		15	20	1		3	4			2		1			
Activity 6	17/06/2021			✓		9	1		3	4			2		2			
Activity 7	22/05/2021		✓			35	1		3	4			2		3			
Activity 8	12/07/2022	✓			66	>100	4	1			1						2	
Activity 9	17/06/2021	✓	✓	✓		200	4	1			1						2	
Activity 10	28/06/2021	✓			17		1		3	4			2		1			
Activity 11	02/10/2021		✓				4	5			1				2		1	
Activity 12	12/07/2022	✓					1				1				4		2	
Activity 13	10/08/2022		✓						3	4			2	2				
Activity 14	15/09/2022				N/A													

Supporting your
state of wellbeing



Collating our data

We'd love to know what you thought

Which event did you attend? _____ Date: _____

Event name: _____

Tick to show your agreement or disagreement with the statements below:

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree

I learned something new about mental health

This event was beneficial for my mental health

I learned a new skill to help me care for my mental health

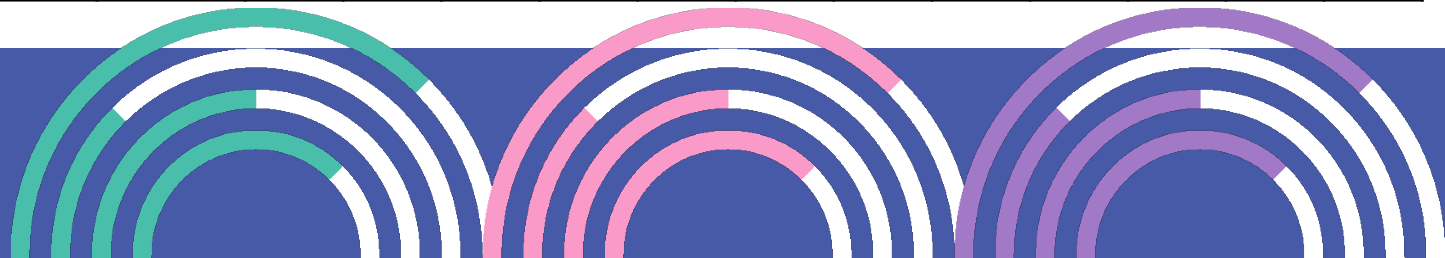
Following this event, I feel a greater sense of belonging with others in my community

After attending this event I feel more able to deal with stress and challenges

Please turn over

Evaluation Mapping - Questions used across activities																		
Activity	Date	Community			Numbers		Outcomes Measured											
		AH	KI	Y	Evaluations completed	Attendees	Improved community connected-ness		Improved mental health awareness & literacy		Improved help-seeking behaviours to support mental health & wellbeing		Improved mental health of the community as a whole & identified risk groups		Improved mental resilience of the community		Improved community Resilience	
							Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2	Q1	Q2
Activity 1	15/11/2020			✓	11	11	100%		100%	82%			91%		100%			
Activity 2	25/01/2021	✓			12	27	75%		96%	92%			83%		100%			
Activity 3	20/01/2021	✓			48	120	88%		88%	88%			75%		75%			
Activity 4	25/02/2021		✓		29	49	78%		100%	100%			100%		100%			
Activity 5	18/04/2021		✓		15	20	80%		83%	80%			87%		73%			
Activity 6	17/06/2021			✓	19	42	100%		100%	82%			91%		100%			
Activity 7	22/05/2021		✓		27	35	75%		96%	92%			83%		100%			
Activity 8	12/07/2022	✓			66	~150	90%	94%			87%						94%	
Activity 9	17/06/2021	✓	✓	✓	78	~200	89%	95%			94%						90%	
Activity 10	28/06/2021	✓			17	25	87%		93%	79%			88%		89%			
Activity 11	02/10/2021		✓		45	89	90%	83%			86%				86%		94%	
Activity 12	12/07/2022	✓			32	48	89%				89%				75%		84%	
Activity 13	10/08/2022		✓		12	22	87%		74%	88%			91%	82%				
Activity 14	15/09/2022				N/A	~150												

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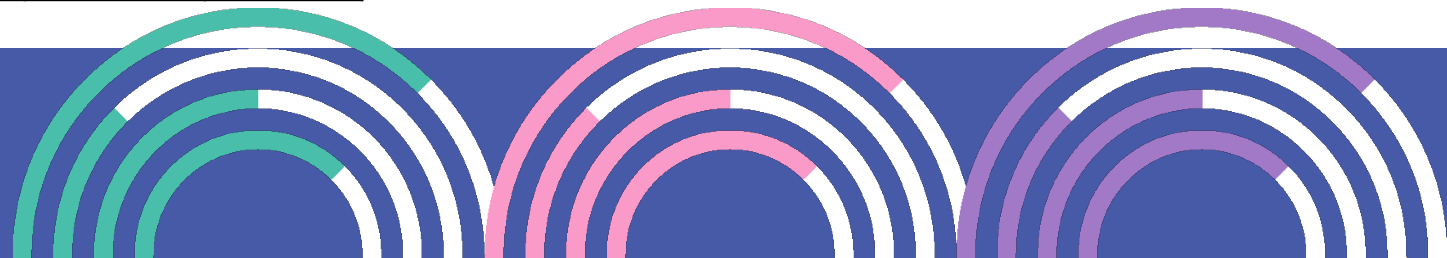


The Result: 'Cumulative Evaluation'

Evaluation Mapping - Questions used across activities								
Activity	Date	Community			Numbers		Outcomes Measured	
		AH	KI	Y	Evaluations completed	Attendees	Improved mental health of the community	
							Q1	N
Activity 1	15/11/2020			✓	11	11	100%	11
Activity 2	25/01/2021	✓			12	27	75%	9
Activity 3	20/01/2021	✓			48	120	88%	42
Activity 4	25/02/2021		✓		29	49	78%	23
Activity 5	18/04/2021		✓		15	20	80%	12
Activity 6	17/06/2021			✓	19	42	100%	19
Activity 7	22/05/2021		✓		27	35	75%	20
Activity 8	12/07/2022	✓			66	~150	90%	59
Activity 9	17/06/2021	✓	✓	✓	78	~200	89%	69
Activity 10	28/06/2021	✓			17	25	87%	15
Activity 11	02/10/2021		✓		45	89	90%	41
Activity 12	12/07/2022	✓			32	48	89%	28
Activity 13	10/08/2022		✓		12	22	89%	10
Totals	13				411		87.4%	359

Of the **15** attendees that provided feedback, **80% (12)** agreed or strongly agreed that the event was 'beneficial for their mental health'

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The Result: 'Cumulative Evaluation'

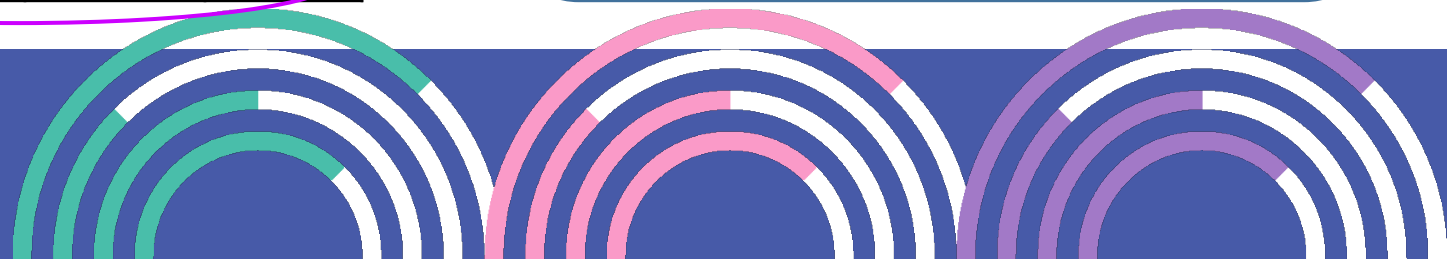
Evaluation Mapping - Questions used across activities								
Activity	Date	Community			Numbers		Outcomes Measured	
		AH	KI	Y	Evaluations completed	Attendees	Improved mental health of the community	
							Q1	N
Activity 1	15/11/2020			✓	11	11	100%	11
Activity 2	25/01/2021	✓			12	27	75%	9
Activity 3	20/01/2021	✓			48	120	88%	42
Activity 4	25/02/2021		✓		29	49	78%	23
Activity 5	18/04/2021		✓		15	20	80%	12
Activity 6	17/06/2021			✓	19	42	100%	19
Activity 7	22/05/2021		✓		27	35	75%	20
Activity 8	12/07/2022	✓			66	~150	90%	59
Activity 9	17/06/2021	✓	✓	✓	78	~200	89%	69
Activity 10	28/06/2021	✓			17	25	87%	15
Activity 11	02/10/2021		✓		45	89	90%	41
Activity 12	12/07/2022	✓			32	48	89%	28
Activity 13	10/08/2022		✓		12	22	89%	10
Totals	13				411		87.4%	359

Of the **15** attendees that provided feedback, **80% (12)** agreed or strongly agreed that the event was 'beneficial for their mental health'

VS

Of the **411** attendees that provided feedback at 13 events aimed at improving the mental health of the community, **87% (359)** agreed or strongly agreed that the event was 'beneficial for their mental health'

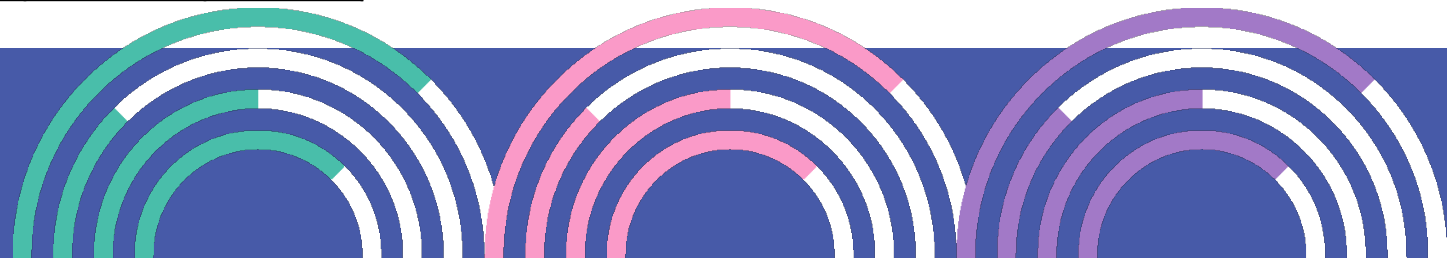
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'Cumulative Evaluation'– Example 2

Evaluation Mapping - Questions used across activities								
Activity	Date	Community			Numbers		Outcomes Measured	
		AH	KI	Y	Evaluations completed	Attendees	Improved mental health awareness & literacy	
							Q1	N
Activity 1	15/11/2020			✓	11	11	100%	11
Activity 2	25/01/2021	✓			12	27	95%	12
Activity 3	20/01/2021	✓			48	120	88%	42
Activity 4	25/02/2021		✓		29	49	100%	29
Activity 5	18/04/2021		✓		15	20	83%	12
Activity 6	17/06/2021			✓	19	42	100%	19
Activity 7	22/05/2021		✓		27	35	96%	26
Activity 8	12/07/2022	✓				~150		
Activity 9	17/06/2021	✓	✓	✓		~200		
Activity 10	28/06/2021	✓			17	25	93%	16
Activity 11	02/10/2021		✓			89		
Activity 12	12/07/2022	✓				48		
Activity 13	10/08/2022		✓		12	22	74%	9
Totals	13				190		93%	176

Of the **12** attendees that provided feedback, **95% (11)** agreed or strongly agreed that they 'learnt something new about mental health'



'Cumulative Evaluation'– Example 2

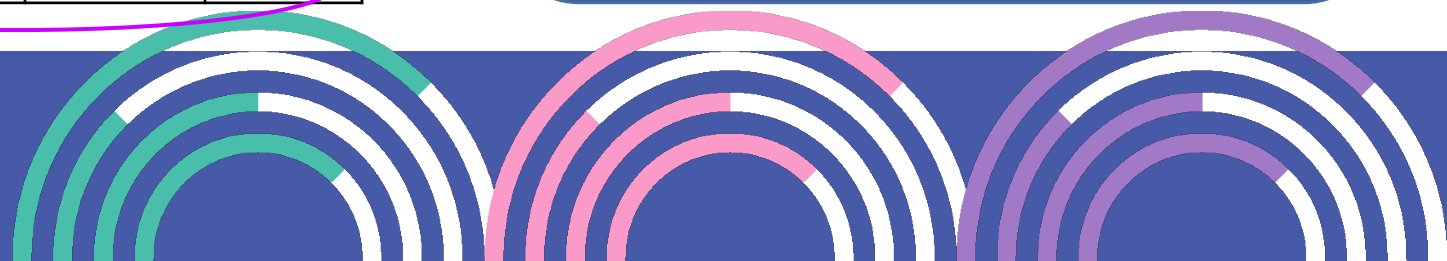
Evaluation Mapping - Questions used across activities								
Activity	Date	Community			Numbers		Outcomes Measured	
		AH	KI	Y	Evaluations completed	Attendees	Improved mental health awareness & literacy	
							Q1	N
Activity 1	15/11/2020			✓	11	11	100%	11
Activity 2	25/01/2021	✓			12	27	95%	12
Activity 3	20/01/2021	✓			48	120	88%	42
Activity 4	25/02/2021		✓		29	49	100%	29
Activity 5	18/04/2021		✓		15	20	83%	12
Activity 6	17/06/2021			✓	19	42	100%	19
Activity 7	22/05/2021		✓		27	35	96%	26
Activity 8	12/07/2022	✓				~150		
Activity 9	17/06/2021	✓	✓	✓		~200		
Activity 10	28/06/2021	✓			17	25	93%	16
Activity 11	02/10/2021		✓			89		
Activity 12	12/07/2022	✓				48		
Activity 13	10/08/2022		✓		12	22	74%	9
Totals	13				190		93%	176

Of the **12** attendees that provided feedback, **95% (11)** agreed or strongly agreed that they 'learnt something new about mental health'

VS

Of the **190** attendees that provided feedback at 13 events aimed at improving mental health awareness & literacy, **93% (176)** agreed or strongly agreed that they 'learnt something new about mental health'

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‘Cumulative Evaluation’ for our Project

Leads to data that is:

- Stronger;
- More significant, and
- More meaningful.

It allows us to:

- Report on the impact these locally-led activities are having on their community's recovery; and
- inform government's strategic planning & future investment.

The image shows a sample of the 'Wellbeing SA' survey form. The form is titled 'Wellbeing SA' and features a rainbow logo. It includes sections for satisfaction with the event, personal details (age, postcode, gender, sexual orientation, language), and information about bushfire impact. The form is tilted at an angle.

How satisfied were you with this event?

Very unsatisfied Unsatisfied Unsure Satisfied Very satisfied

What was your favourite part?

What could we do better?

About you. These questions help us understand who is attending our activities. Please skip any you aren't comfortable answering.

Age: _____

Postcode: _____

Gender: ☐ Man ☐ Woman ☐ Self-described: _____

Do you have a disability? ☐ Yes ☐ No

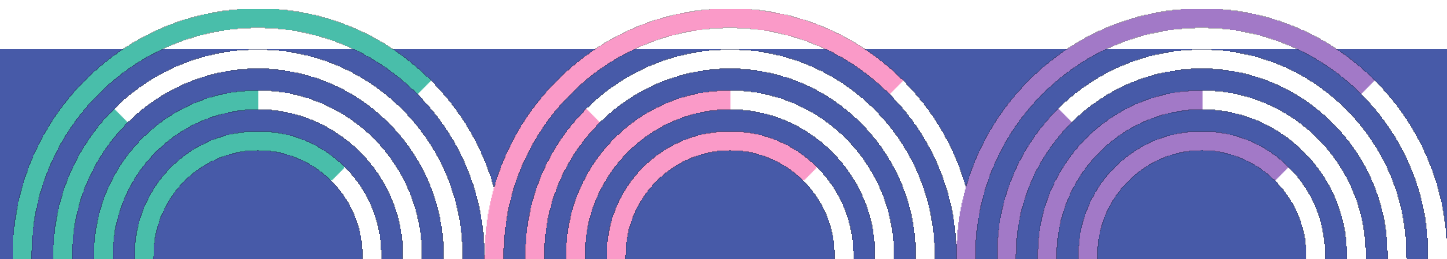
Are you of Aboriginal or Torres Strait Islander origin? ☐ Both ☐ Aboriginal ☐ Torres Strait Islander ☐ Neither

What is your sexual orientation? ☐ Lesbian, gay, or homosexual ☐ Bisexual ☐ Straight or heterosexual ☐ Another orientation (please specify): _____

Which language do you mainly speak at home? ☐ English ☐ Another language: _____

Tick any that apply: ☐ Bushfire-affected (could relate to your property, stock, job, or your physical or mental health) ☐ First responder to bushfires ☐ Involved in bushfire relief or recovery ☐ Not bushfire affected

Thank you for sharing your feedback with us!



Get in Touch

Find us at Wellbeing SA (SA Health)

Madeleine Bing-Fish:

- Madeleine.bing-fish@sa.gov.au

Clare McGuinness:

- Clare.mcguinness@sa.gov.au

Or at:

- WellbeingSABushfireRecovery@sa.gov.au

Images:

- [bushfire | Openverse \(wordpress.org\)](#)
- [apples and oranges | Openverse \(wordpress.org\)](#)
- [fire regrowth | Openverse \(wordpress.org\)](#)

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