

Designing research and evaluation for a complex system: The Stronger Smarter Approach to Aboriginal and Torres Strait Islander education.

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# Introducing the Stronger Smarter Institute

### Our Mission is

to create transformative change in academic outcomes for Aboriginal and Torres Strait Islander students.

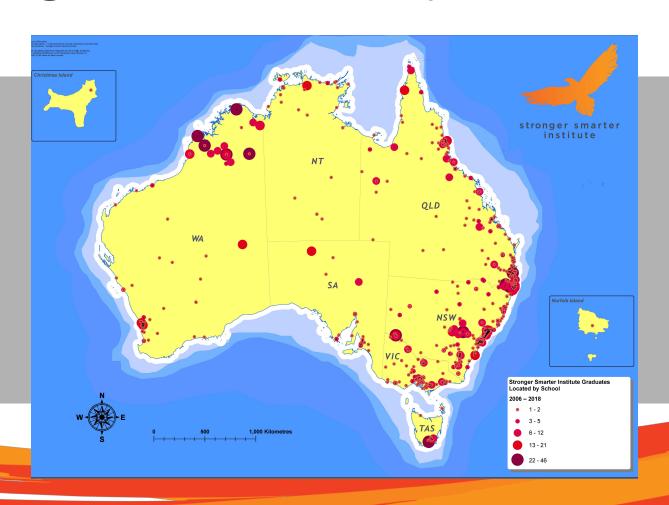




## The Stronger Smarter footprint

## Our footprint spans 12 years and

- Over 860 schools
- Over 3000 participants
- Across all states and territories





## In our talk today, we will



- Introduce our Stronger Smarter Leadership Program
- Introduce the Bunya Bunya cycle
- Look at Indigenous education as a complex problem
- Show how we have developed our logic models
- Discuss some results from our evaluations



## Our programs

Our programs have been described as





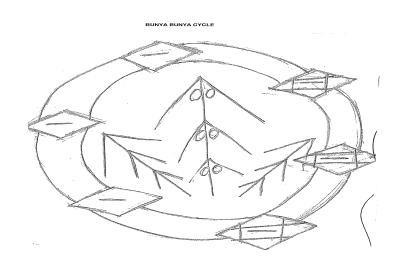
## The Bunya Bunya Cycle



We use the *Bunya Bunya Cycle* to deepen our Indigenous research *flow*. The flow, called '*Mimburi*' is a *Kabbi Kabbi* concept, specifically *Jinibara* knowledge.



## The Bunya Bunya Cycle



The Institute has adopted the Bunya Bunya Cycle (developed by Dr John Davis) to ground our research in Indigenous research methodologies and processes.

The Bunya Bunya Cycle is drawn here as representative of a body art design.

This is a cycle of knowing and understanding, being and doing.



## The Bunya Bunya Cycle

#### **Bunya Growth:**

Educational Context

– Literature Review

#### **Bunya Roots:**

Indigenous
Footprints and
Connections to
Country

**Bunya Seedlings:** the Discussion of research; the Significance of Research; the Future of Research

## Research Focus Questions &/or Hypothesis

#### Bunya Cone:

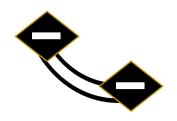
**Bunya Tree:** 

Research Design – 'How to' steps

Bunya Fruiting & Sharing: the Action of Research; the Writing of Research; the Analyses



Bunya Bunya Roots – Connections to country



We recognise the importance of local Indigenous knowledge and connections to country in all lands where our programs and research take place.

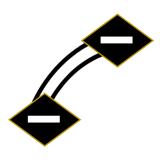
Bunya Roots:
Indigenous
Footprints and
Connections to
Country.

The roots are where the story is grounded.





The Bunya growth – educational context



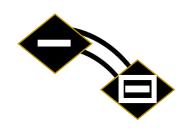
The growth phase of the Bunya Bunya Cycle represents our understanding of the local contexts, the backgrounds, the previous research.

### **Bunya Growth:**

Educational
Context –
Literature Review



## The Bunya Bunya Tree -Research hypothesis



**Bunya Tree:** 

Hypothesis

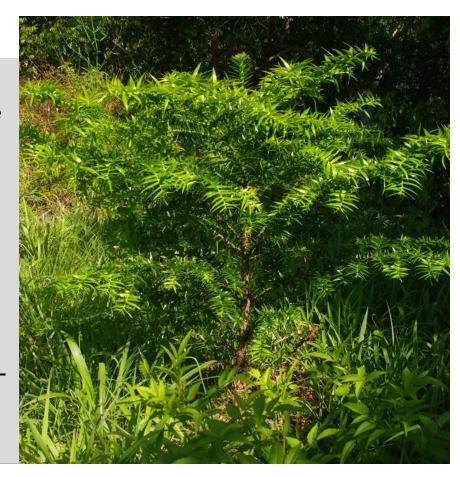
Research Focus

Questions &/or

From the Bunya Bunya seed the Bunya Bunya tree grows.

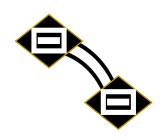
The tree takes a long time to grow – set it's roots and build.

When the tree has started to mature it begins to fruit – producing the Bunya Bunya cone.





# The Bunya Bunya Cone – Research Design



First the cone itself; a large pod of seeds.

Secondly is the collective growth; the cones as collectives.

Thirdly there are the individual seeds which can be regrown and reharvested.

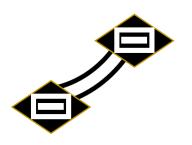
### **Bunya Cone:**

Research
Design – 'How
to' steps





# The Bunya Bunya Fruiting – Action research



Bunya Festivals were times of exchange of cultural materials and intellectual property.

We use this to build into our research a strong sense of collective sense making. This is about how we relate, interact and connect with others, about yarning, and taking the time to listen and reflect

**Sharing:** the Action of Research; the Writing of Research; the Analyses





# The Bunya Bunya Seedling – The future research



**Bunya Seedlings:** 

the Discussion of research; the Significance of

Research; the

Future of

Research

There are two types of seed in the cycle – the growing seeds is drawn in the form of a diamond. The fruiting seeds are depicted with a cross hatch design.





## Theory of change and logic models



Speaking truth to the powerless may be far more useful that the cliché of speaking truth to power.

Mathison, AES conference 2017



## The Stronger Smarter hypothesis

Participation in the Stronger Smarter Leadership Program results in

an observable shift over time in behaviours linked to High-Expectations Relationships

Stronger Smarter Approach (**SSA**) in schools which are correlated with improved educational outcomes for schools and students

#### **Stronger Smarter meta-strategies**

- positive sense of identity
- embracing Indigenous leadership
- high-expectations leadership
- innovative school and staffing models

The Stronger Smarter Leadership Program will provide educators with the mindset shift and strategies and tools to implement a Stronger Smarter Approach - which in turn will lead to improved outcomes for Indigenous students



## Our initial evaluation model

Is this change in the classroom or school supporting improved student outcomes?

Are participants implementing a Stronger Smarter Approach in the workplace?

Have participants changed their relationships with others?

Has the SSLP resulted in a mindset shift – intention and ability to do things differently?

#### 10% of participants

 Recording follow up sessions, practitioner interviews, and field notes

#### 30% of participants

- 12 month survey
- Census

### Behaviour

Results

### Learning

#### 50% of participants

- 2 month HERBI
- Reports at follow up sessions

### Reaction

#### 100% of participants

 Daily evaluation sheets

#### 50% of participants

 2 month survey questions

#### Long term

mpact

Changes in classrooms and schools result in improved outcomes for Indigenous students

#### Medium term

Outcomes

implement Stronger Smarter Approach processes and metastrategies in the classroom or school

#### **Immediate**

Outputs

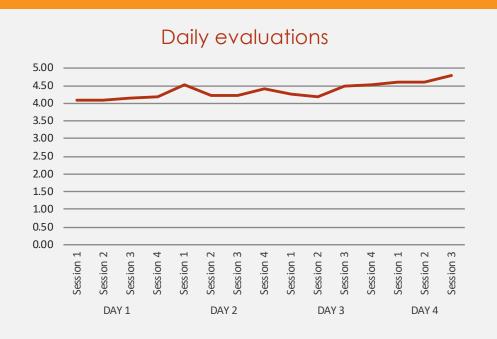
Behavioural changes in individuals who change their relationships with others

Activities

Attend Stronger Smarter Leadership Program



## Evaluating the SSLP



This program has changed my life. Thank you for igniting my fire and inspiring me to be a leader!

This session was incredibly powerful and really brought home the power of stereotypes and assumptions.

Such an emotional, amazing, wonderful and inspiring week.

I feel really inspired to return to work with a focus.

Confronting - I learnt a lot about myself.

Many light bulb moments - keen to put into practice the workplace challenges



## Evaluating the SSLP - 2017



96% of respondents rated the quality of the program as high or very high

94% of respondents rated the usefulness of the program as high or very high

**84%** of respondents are 'promoters'

Data from 2017 follow up survey (n=280)



# When does the Stronger Smarter Approach work best?



To answer this question, we need to understand

- How do the mechanisms of the Stronger Smarter Approach work?
- What impacts on how they are enacted in schools?
- What is the role of the educator?



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We can't solve today's problems with the same thinking that created them

## Characteristics of Complex Challenges

- Been with us for a long time (pattern of reappearance)
- Many attempts to address it
- 'Pockets' of local success but low transferability
- Sustaining success is problematic
- Many interconnected variables that ebb & flow in their degree of impact
- Cause & effect is only understood retrospectively and is nontransferable

Gorringe & Spillman 2008

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## Complexity



The strengths of a group – a belief that any group of people already hold the collective knowledge and wisdom to successfully meet the challenges they face



Collective sense making and decisionmaking processes –accessing the collective knowledge and wisdom of a group requires deep listening and reflection, time and focus, to remember and share stories of success and strength



**Local approaches** — the recognition of strengths and collective sense-making requires local approaches, multiple perspectives and multiple actions



**Indicators** – avoid too much emphasis on causal links, and use leading indicators that provide the early warning system



### Realist evaluation

#### 'Actors' -

participants make their own decisions about their actions

#### the intervention -

the SSLP/ the dilly bag/ the Stronger Smarter Approach

#### the context -

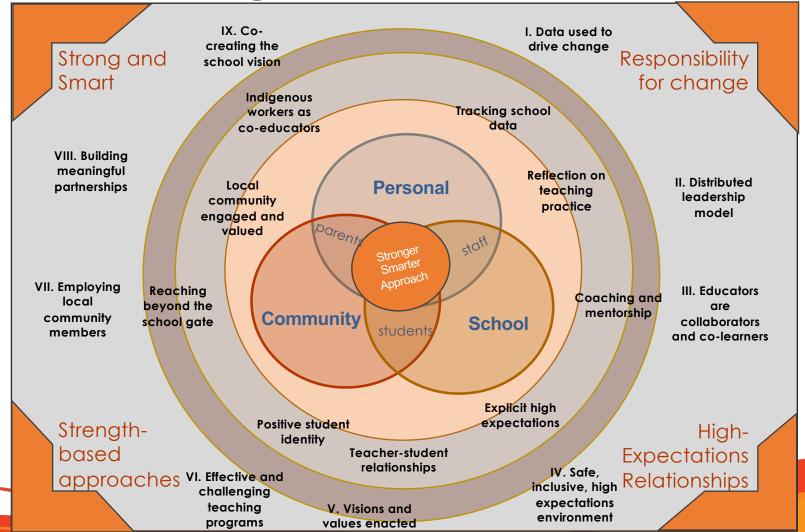
what will work best for me in my school? are the circumstances right?

#### The influence -

of other external events or other interventions.



The Stronger Smarter Approach





## Stronger Smarter Approach logic

Changes in the classroom

Quality environment for learning

Culturally responsive pedagogies

Improved engagement, behaviour, attendance

Stronger Smarter Metastrategies

Whole school solutions

High expectations

Collegiate staff

Positive student identity

AEWs and teachers together

Indigenous leadership

High-Expectations Relationships

Strength-based processes

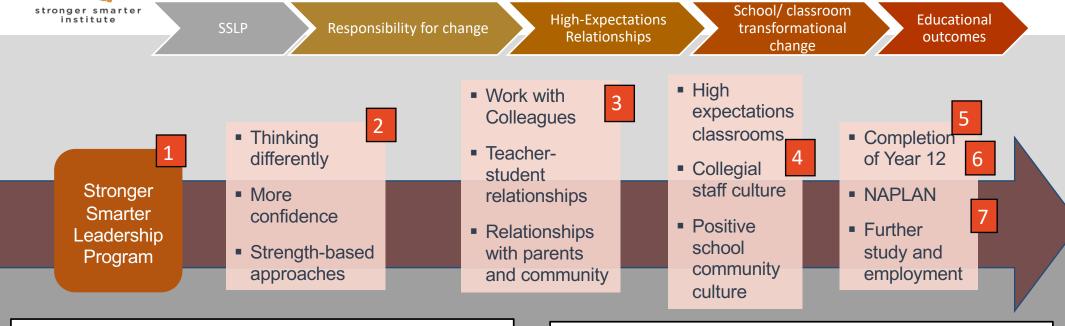
The foundation

– the SSLP

Responsibility for change



## Theory of change and evaluation points



#### **Evaluation points**

- 1.SSLP daily evaluation
- 2.Follow up survey
- 3. High-Expectations Relationships Behavioural Index (HERBI)
- 4. Practitioner interviews and field notes

- 5. Case studies
- 6. School data
- 7. Research projects and papers



## Lead and lag indicators

Lead indicators	Confidence	Engagement
Personal	<ul><li>staff morale</li><li>staff retention</li></ul>	commitment to change
School	<ul> <li>student motivation, connectedness, and relationships</li> <li>low suspensions/ expulsions</li> <li>high retention rates</li> </ul>	<ul> <li>high attendance</li> <li>low unexplained absenteeism, student disciplinary absences</li> </ul>
Community	<ul> <li>school enrolments</li> <li>parent connectedness</li> <li>what parents think of the school</li> </ul>	<ul> <li>involvement of parents in the school</li> <li>partnerships</li> <li>number of Indigenous staff employed at the school/ involved in the school</li> </ul>

#### Lag indicators – Student Outcomes

- Graduation rates
- Readiness for next level of learning (high school/further study/employment)
- Academic outcomes



# Responsibility for change





99% of respondents say they have been motivated to make changes

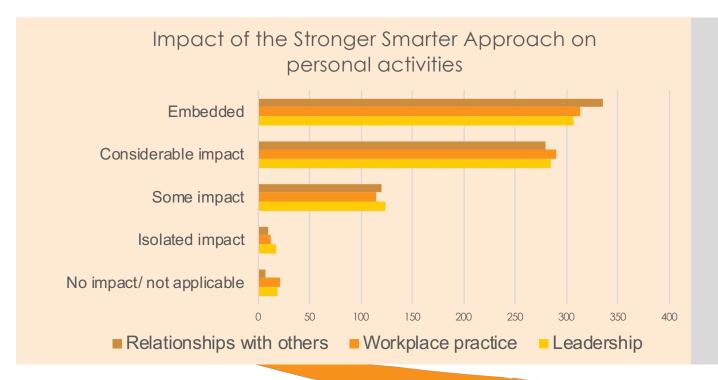
83% of respondents are motivated to do things differently in the workplace 'frequently' or 'all the time'

**87%** of respondents are motivated to make positive changes to relationships with others 'frequently' or 'all the time'.

*Data from 2017 Survey (n=280)* 



### Workplace practice





80%

of respondents say their Stronger Smarter training continues to have considerable impact on their relationships and workplace practice.



## Relationships with colleagues

Have participants changed their relationships with others?

Are they taking a strength-based approach/ rejecting deficit thinking?

Have they applied the Stronger Smarter Approach in their workplace?



- working together with colleagues
- Yarning Circles
- build High-Expectations Relationships
- avoid deficit conversations

**75%** 

of respondents say that they continue to actively build strong working relationships and High-Expectations Relationships with their colleagues every week.

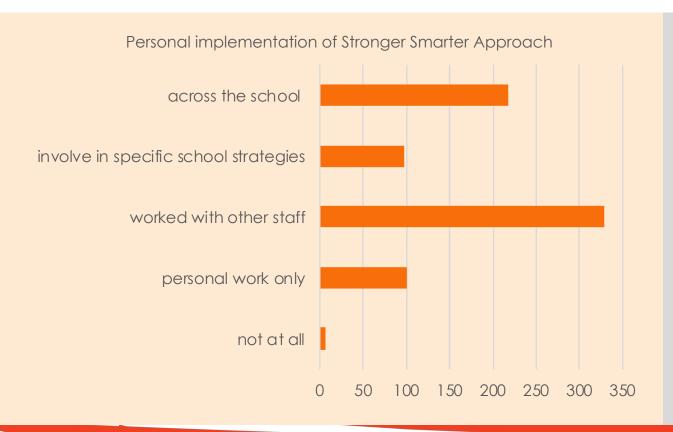


# Extent of personal implementation

Have participants changed their relationships with others?

Are they taking a strength-based approach/ rejecting deficit thinking?

Have they applied the Stronger Smarter Approach in their workplace?



85%

of respondents say they have taken the implementation of Stronger Smarter strategies beyond their personal workspace to work with others.

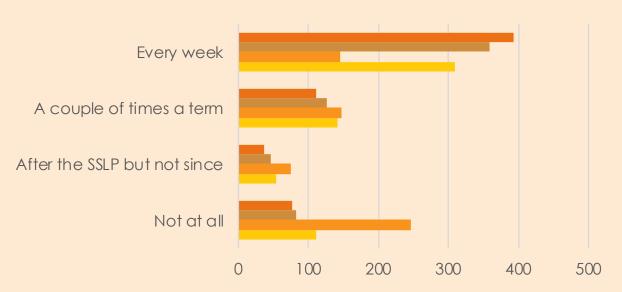


## In the school and classroom

Have participants changed their relationships with others?

Are they taking a strength-based approach/ rejecting deficit thinking?

Have they applied the Stronger Smarter Approach in their workplace?



- strategies to promote calm learning environments
- everyone takes a role in promoting high expectations
- specific student programs that use the Stronger Smarter Approach
- use Stronger Smarter language with students

50%

of respondents say that
Stronger Smarter strategies of
high expectations and
supportive learning
environments are used across
their school every week.

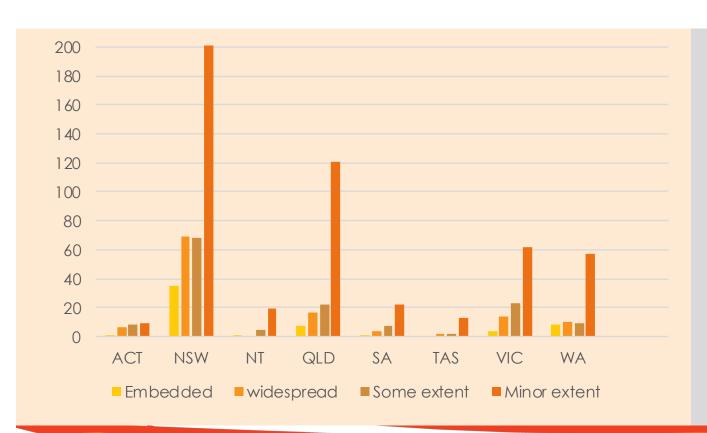


## Stronger Smarter Approach in Schools

Have participants changed their relationships with others?

Are they taking a strength-based approach/ rejecting deficit thinking?

Have they applied the Stronger Smarter Approach in their workplace?



### **Over 800**

Schools are reporting that the Stronger Smarter Approach is used in their school.

### Of these 179

Are reporting that the Stronger Smarter Approach is widespread or embedded.



# The High-Expectations Relationships Behavioural Index

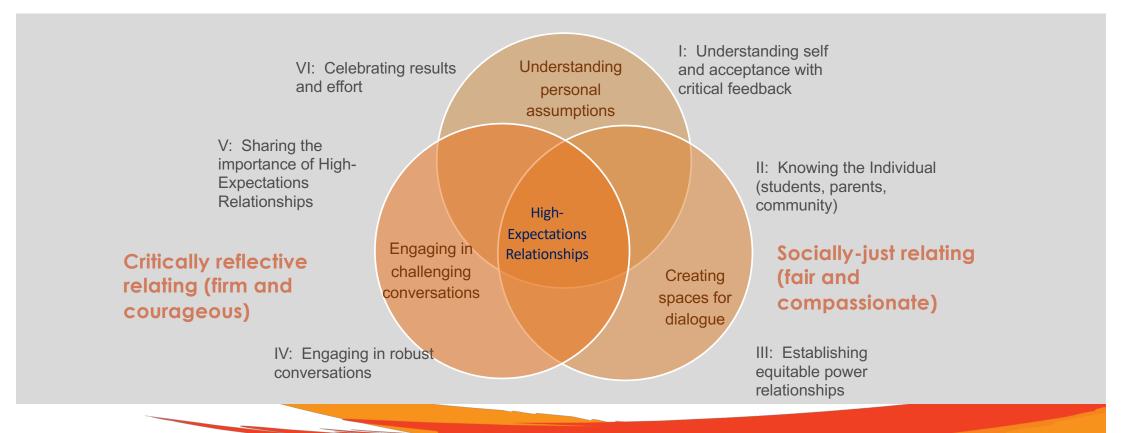


A High-Expectations Relationship is a two-way relationship that is both supportive and challenging (Sarra, Spillman, Jackson, Davis & Bray, 2018)

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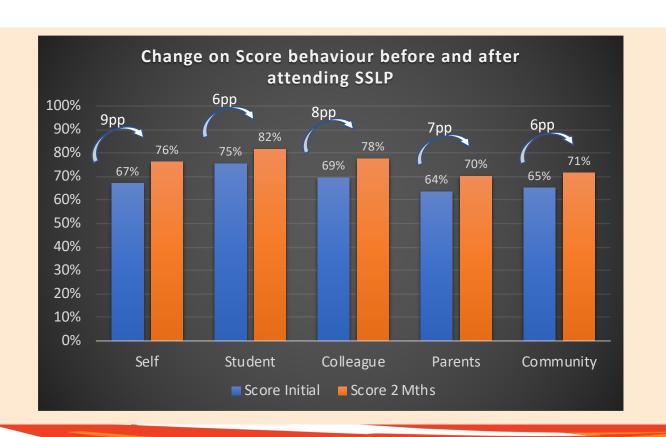


### Framework for the High-Expectations Relationships Behavioural Index (HERBI)





### HERBI – Pre and Post data



Following the SSLP, the greatest changes are in the personal sphere and relationships with colleagues.

However, relationships with students start from a higher point in the scale.

Data from 2016-2017 participants (n=396 for self)



## HERBI – areas of change

#### Personal

- Greater understanding of impact of personal assumptions
- More likely to apply the elements of High-Expectations Relationships
- More likely to seek feedback from others

#### Colleagues

- Creating opportunities to share more with colleagues
- Talking to colleagues about High-Expectations Relationships and challenging deficit conversations

#### Students

- Creating opportunities for students to discuss views
- Discussing challenging topics with students
- Talking to students about High-Expectations Relationships
- Co-developing goals with students

#### Parents

- Co-developing goals with parents
- Talking to parents about high expectations

#### Community

- Talking to the community about high expectations
- More involved in community events
- Creating opportunities for the community to be involved in the school



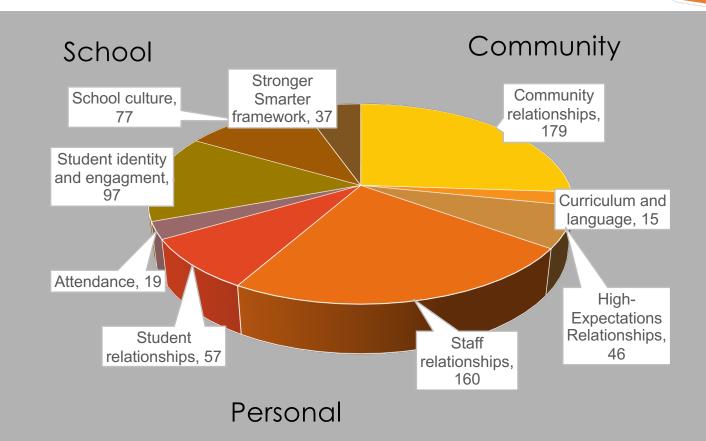
# The Stronger Smarter Approach in schools



If you do the little things right they end up being the really big things – SSLP alumni



### Workplace challenges



What elements of the Stronger Smarter Approach have they applied?

What needed to be in place for this to work?

What outcomes have they achieved?

90%

Of respondents reported that they completed a workplace challenge.

39%

Of respondents reported that they went on to set themselves other workplace challenges.

Data from 2016-2017 participants (n=687)



## Regional Victoria

## Engagement with SSI since 2015

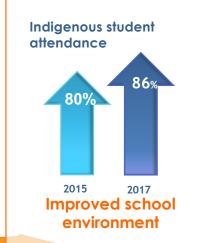
Number of SSLP Graduates: 29

Total Number of Students reached: 390+
Indigenous students 24%



"Our kids are safer, happier, super motivated and love the way we teach. Now that's what we call Strong, Smart and Deadly."

Principal









## North Queensland

## Engagement with SSI since 2015

"As a Stronger Smarter school, we promote the ability for our community to be 'Strong in the heart' and 'Smart in the head'. **Principal**  Number of SSLP Graduates: 4
Total Number of Students reached:

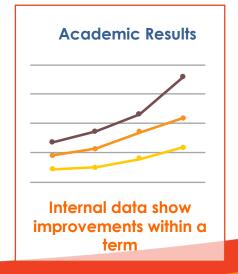
Indigenous students 27%

470+











## In conclusion ....



- The SSLP recognises Indigenous education as a complex system and provides a response based on local, strength-based approaches and the agency of educators.
- The evaluation model for the SSLP needs to involve logic models, a recognition of different pathways, and a variety of evaluation points.
- Our data shows that the SSLP is changing how educators think and act in the classroom ... our next step is to look deeper into the causal pathways of the Stronger Smarter Approach.



## Find us at ....



- strongersmarter.com.au position papers and school stories
- strongersmarterplm.edu.au a free online module with an introduction to Stronger Smarter