

A tool to support reflective practice



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Workshop outline

- About us & how we came to use the group reflection tool
- Introducing the tool
- Using the tool in small groups (*45 mins*)
- Reflecting on the process of using the tool

Our professional development group

Robyn Bailey

Heather Nunns



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Rae Torrie

Overview of the group reflection process – 5 steps

1. 'Presenter' outlines their issue / dilemma (question)
2. Group members ask clarifying questions
3. Presenter sits outside the group but close enough to listen, while the other group members discuss the question
4. Presenter rejoins group and reflects on insights gained
5. Group 'stands back' and reflects on the process.

Speed rapport building

Introduce yourself in 1 minute!

- name, work context, one thing about yourself or what's important to you as an evaluator?

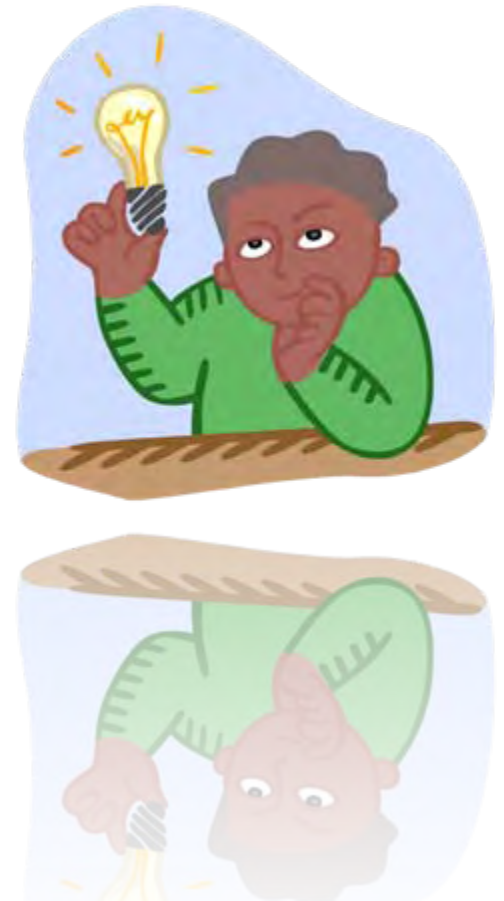
The group *reflection* process

1. Presenter tells the group about issue / dilemma & identifies a question for the group (*5 mins*)
2. Group members ask clarifying questions of presenter (*5 mins*)
3. Presenter sits out of the group (no eye contact) & listens while other group members discuss the issue (*25 mins*)

- *only 1 person in your group talks at a time, sharing 1 idea at a time*
- *go around the group, repeat the process as time permits*

The group *reflection* process

4. Facilitator invites the presenter to share any insights gained from listening (*5 mins*)



The group *reflection* process

5. Each person reflects on their experience using the tool (*10 mins*)



Reflections from our PD group

The discipline/constraints enable something *different* to happen:

- the process has a ‘stilling’ effect & we become more ‘present’
- discussion goes into greater depth the more we go around the group – transformative process
- with the presenter out of the group we engage with the issue, rather than the person.

Suggestions for using the tool

Practice using the tool with a consistent group of evaluators to enable time to build trust and reflective capability.